MOOD DISORDER SCREEN:

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_

Please indicate how true each of the following items has been for you by circling one of the numbers that follows it. Please use the following scale:

0 = Not at all 1 = Just a little 2 = Somewhat 3 = Moderately 4 = Quite a lot 5 = Very much

 1. At times I am MUCH more talkative or speak MUCH faster than usual.

0 1 2 3 4 5

2. There have been times when I was MUCH more active or did MANY more things than usual.

0 1 2 3 4 5

3. I get into moods where I feel VERY speeded up or irritable.

0 1 2 3 4 5

4. There have been times when I have felt both high (elated) and low (depressed) AT THE SAME TIME.

 0 1 2 3 4 5

5. At times I have been MUCH more interested in sex than usual.

0 1 2 3 4 5

 6. My self-confidence ranges from GREAT self-doubt to overconfidence that

 is EQUALLY as GREAT.

 0 1 2 3 4 5

7. There have been GREAT variations in the quantity or quality of my work.

0 1 2 3 4 5

8. FOR NO OBVIOUS REASON I sometimes have been VERY angry or hostile.

0 1 2 3 4 5

1. Sometimes I am mentally dull and at other times I think VERY creatively.

0 1 2 3 4 5

10. At times I am GREATLY interested in being with people and at other times I just want to be left alone with my thoughts.

 0 1 2 3 4 5

11. At some times I have GREAT optimism and at other times I have pessimism that is

 EQUALLY as GREAT.

0 1 2 3 4 5

12. Some of the time I show MUCH tearfulness and crying and at other times I laugh and

I joke EXCESSIVELY.

 0 1 2 3 4 5